

KITCHEN DANGERS

FOR YOUR BIRD

SAY NO TO TEFLON, IT CONTAINS PFOA & PTFE
& LEAD & CADMIUM AND USE NICKEL FREE



TEFLON

Releases PFOA & PTFE



POTS

Use Stainless Steel, Ceramic, Earthenware instead



PANS

Check foreman grills, air fryers, toaster ovens, silicon trays, cookie sheets, pie pans for Teflon



BAKING

Don't use Non stick papers, oven liners (yes, Teflon is in them)



STOVES

New stoves must be off gassed outside of the house before use inside



OTHER CONCERNS

Burning plastic is lethal! Steer clear of high heat and flame, check tankless water heaters



VERIFY ALL HEATING ELEMENTS FOR PFOA, PTFE!

CHECK THIS SITE FOR THE TOP 10 TOXINS TO YOU. IF IT IS DANGEROUS TO YOU, IT IS DANGEROUS FOR THEM.

[HTTPS://WWW.ATSDR.CDC.GOV/SPL/INDEX.HTML](https://www.atsdr.cdc.gov/spl/index.html)

There are always new items being sold not cleared for use around birds.

